January 2019

GALLATIN CENTER
FOR REHABILITATION & HEALING

438 North Water Avenue
Gallatin, TN 37066
(615) 452- 2322
GallatinCenterRehab.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity Locations: 2A - Memory Care Unit DR - Dining Room RR - Resident's Rooms BR - Bubble Room	*Celebration of Life Month *International Creativity Month	New Year's Day 9:30 Movin' & Groovin' (DR) 2:00 Brian Hanson Performance 3:00 Balloon Toss (2A) 5:30 Hallway Hymns (RR) **1**	10:00 Nail Spa (DR) 2:00 Bingo (DR) 3:00 Nail Spa (2A) 6:00 Evening News (RR) **2**	9:30 Movin' & Groovin (DR) 10:00 Mornings with Martha (DR) 1:30 E.J. Rder Performance (DR) 3:00 Balloon Toss (2A) 6:00 Card Games (DR) **3**	10:00 Memorial Service (DR) 2:00 January Birthday Party (DR) 3:00 Music & Singing (2A) 6:00 Evening News (RR) **4**	9:30 New Life Church (DR) 2:00 Bingo (DR) 3:00 Coffee Cafe (2A) 6:00 Evening News (RR) **5**
9:30 Sunday School (DR) 2:00 Nail Spa (DR) 3:00 Gospel Music (2A) 6:00 Evening News (RR) **6**	10:00 Coffee Cafe (DR) 2:00 Penny Pitch (DR) 3:00 Ball Game (2A) 6:00 Evening News (RR) **7**	9:30 Movin' and Groovin' (DR) 2:00 James Breedwell Performance (DR) 3:00 Balloon Toss (2A) 5:30 Hallway Hymns (RR) **8**	10:00 Professional Cards (DR) 2:00 Bingo (DR) 3:00 Nail Spa (2A) 6:00 Evening News (RR) **9**	9:30 Movin' & Groovin' (DR) 10:00 Mornings with Martha (DR) 1:30 Movie & Popcorn (DR) 3:00 Balloon Toss (2A) 6:00 Cooking Class (DR) **10**	10:00 Nail Spa (DR) 2:00 Ice Cream Parlor (DR) 3:00 Music & Singing (2A) 6:00 Evening News (RR) **11**	National Hot Tea Day 9:30 New Life Church (DR) 2:00 Bingo (DR) 3:00 Coffee Cafe (2A) 6:00 Evening News (RR) **12**
9:30 Sunday School (DR) 2:00 Art for Life (DR) 3:00 Gospel Music (2A) 6:00 Evening News (RR) **13**	10:00 Coffee Cafe (DR) 2:00 Ice Cream Parlor (DR) 3:00 Ball Game (2A) 6:00 Evening News (RR) **14**	National Hat Day 9:30 Movin' and Groovin' (DR) 2:00 Massages (DR) 3:00 Balloon Toss (2A) 5:30 Hallway Hymns (RR) **15**	National Fig Newton Day 10:00 Coffee Cafe (DR) 2:00 Bingo (DR) 3:00 Nail Spa (2A) 6:00 Evening News (RR) **16**	9:30 Movin' & Groovin' (DR) 10:00 Mornings with Martha (DR) 2:00 Resident Council & Food Committee (DR) 3:00 Coffee Cafe (2A) 6:00 Card Games (DR) **17**	10:00 Nail Spa (DR) 2:00 Snow Globe Craft (DR) 3:00 Music & Singing (2A) 6:00 Evening News (RR) **18**	National Popcorn Day 9:30 New Life Church (DR) 2:00 Bingo (DR) 6:00 Evening News (RR) **19**
9:30 Sunday School (DR) 2:00 Nail Spa (DR) 3:00 Gospel Music (2A) 6:00 Evening News (RR) **20**	Martin Luther King Jr. Day 10:00 Coffee Cafe (DR) 2:00 Penny Pitch (DR) 3:00 Balloon Toss (2A) 6:00 Evening News (RR) **21**	9:30 Movin' and Groovin' (DR) 2:00 Yankee Girl Performance (DR) 3:00 Balloon Toss (2A) 5:30 Hallway Hymns (RR) **22**	National Pie Day 10:00 Cooking Corner (DR) 2:00 Bingo (DR) 3:00 Nail Spa (2A) 6:00 Evening News (RR) **23**	National Compliment Day 9:30 Movin' & Groovin' (DR) 10:00 Mornings with Martha (DR) 2:00 3M Boys (DR) 3:00 Coffee Cafe (2A) 6:00 Card Games (DR) **24**	10:00 Nail Spa (DR) 2:00 Door Sign Making (DR) 3:00 Music & Singing (2A) 6:00 Evening News (RR) **25**	9:30 New Life Church (DR) 2:00 Bingo (DR) 3:00 Coffee Cafe (2A) 6:00 Evening News (RR) **26**
9:30 Sunday School (DR) 2:00 Art for Life (DR) 3:00 Nail Spa (2A) 6:00 Evening News (RR) **27**	10:00 Destination Vacation Craft (DR) 2:00 Destination Vacation (DR) 3:00 Ball Game (2A) 6:00 Evening News (RR) **28**	National Puzzle Day 9:30 Movin' & Groovin'(DR) 2:00 Doily Craft (DR) 3:00 Balloon Toss (2A) 6:00 Evening News (RR) **29**	10:00 Coffee Cafe (DR) 2:00 Bingo Store (DR) 3:00 Nail Spa (2A) 6:00 Evening News (RR) **30**	9:30 Movin' & Groovin' (DR) 10:00 Mornings with Martha (DR) 1:30 E.J. Rider Performance (DR) 3:00 Balloon Toss (2A) 6:00 Card Games (DR) **31**		***calendar is always subject to change***